

Watt Watcher recipe

A delicious food idea prepared with your electric bill in mind.

PINK 'N GOLDEN APPLES

2/3 c. apple juice

2/3 c. cranberry juice

1/4 c. light corn syrup

1 tsp. lemon juice

3/4 c. sugar

Dash of salt

Red food color

6 apples

Combine fruit juices, syrup, sugar, salt and color. Boil 5 minutes or until slightly thick. Wash and core apples. Pare around middle only and cut in half, crosswise. Simmer in syrup for 10 minutes or until tender. Serve with cream cheese mixed with a small amount of milk and finely chopped walnuts.

Microwave Oven: Syrup—6 minutes

Bake apples—5-6 minutes



From Electric
Living Consultant
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